

## TO START

Rockfish smoked salmon <i>served with lemon, brown bread &amp; cream cheese</i>	£5.95
Pint of shell-on Norwegian coldwater prawns	£7.95
Devon crab cocktail <i>the finest handpicked crabmeat with our cocktail sauce and crisp salad</i>	£7.95
The RockFish prawn cocktail	£5.95
Leigh-on-Sea cockles and vinegar	£3.50
Local scallops roasted in the shell <i>with garlic, wine &amp; lemon</i>	£6.95 (2)
Fried local calamari with garlic, <i>fresh cut and breaded to order</i>	£6.95
Sweet cured herring with dill, red onion & sour cream	£5.95
Crisp whitebait with brown bread and tartare sauce	£4.95

## FRESHLY SHUCKED OYSTERS

Served raw with vinegar, chopped shallots and Tabasco sauce on the side

Our seasonal choice of oysters are from Bigbury Bay

Each	£1.50
½ dozen	£8.95
Dozen	£16.95

## BACCALA £3.95

Home salted cod blended with olive oil, garlic & parsley, a true taste of the mediteranean, served with toast but delicious with our fresh cut chips !



### OUR FAMOUS CRAB ROLL

A soft roll filled with lots of prime handpicked crabmeat, cucumber, lettuce and our cocktail sauce

£7.95



### OUR WINE CHOICE

RockFish Xarel Lo blended by us with winemaker Josep Guasch in Catalonia, this wine is fresh, vibrant and like a squeeze of lemon in the mouth.

Perfect with our seafood

125ml Glass	£3.50
375ml Carafe	£10.00
Bottle	£20.00

## FOR SMALLER CHILDREN

all served with chips & ketchup	£4.95
Line caught cod <i>fried in our crisp batter</i>	
Free range chicken escalope, <i>grilled or fried in breadcrumbs</i>	
Surf Roll, <i>a soft roll filled with fresh fried fish in breadcrumbs with lettuce, tartare sauce and ketchup</i>	



CERTIFIED SUSTAINABLE SEAFOOD MSC www.msc.org

Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery

A vegetarian option is also available, please speak to a waiter

## MAIN COURSES

### LOCAL FISH OF THE SEASON

Fried in our crisp batter or breadcrumbs where indicated and served with fresh made chips and our tartare sauce, this fish selection is the best of the season

Bay Whiting	£5.95
Monkfish, fried in breadcrumbs	£12.95
Red Gurnard	£10.95

### THE FRITTO MISTO £14.95

A mix of seafood fried crisp the Italian way with no batter and just a little flour, served with chips & our tartare sauce  
Monkfish, Gurnard, Prawns, Squid & Whitebait

### ROCKFISH SCAMPI £16.95

Prime sweet Scottish langoustine tails prepared in the kitchen each day and fried crisp in light breadcrumb  
Served with our tartare sauce, chips & fresh lemon

### LINE CAUGHT COD AND HADDOCK

Fried in our crisp batter, served with fresh made chips and our tartare sauce.

Our cod and haddock is line caught off the coast of Norway from the ice cold waters of the Barents Sea where the stocks have been certified as sustainable by the MSC. It is the best we have ever found and we fry it skin on as we believe it adds to the flavour.

Large Cod fillet	£11.95	Haddock fillet	£11.95
Regular Cod fillet	£8.95		

### SPENCER GULF KING PRAWNS

All the way from South Australia, these prawns are the tastiest in the world. Grilled shell on with sea salt & olive oil and served with Hot chilli sauce from our friends at the South Devon Chilli Farm. £14.95

### FRIED QUEEN SCALLOPS

A British delicacy, small sweet scallops caught off the Isle of Man, fried in our crisp batter, served with chips and our tartare sauce. £13.95

### SOUTH DEVON CRAB

The finest crab in the world caught from our bay. Served dressed or whole with all the tools, mayonnaise and bread.

Whole Crab	£15.95
<i>served cracked and ready for you to pick away</i>	
Undressed crab !	£16.95
<i>We've done all the work for you ! A fresh crab handpicked and put back in the shell ready to eat, served with salad and mayonnaise</i>	

### GRILLED FISH

Cooked on the flat grill with olive oil, garlic and sea salt

Sea Bass fillet	£11.95
Prime centre cut salmon fillet	£8.95

### KING PRAWN BURGER £11.95

Our King Prawn burger homemade each day from chopped salt water King Prawns with our special seasoning. Cooked on the flat grill and served in a soft roll with salad, seafood sauce and our fresh cut chips

### BEEF BURGER £9.95

Prime ground Angus Beef from award winning butcher Aubrey Allen. Cooked on the flat grill served in a soft roll with salad, pickles, relish and our fresh cut chips

### SIDE ORDERS

Extra fresh cut chips	£2.00
Soft roll and Netherend Farm butter	£1.50
Hot garlic roll	£2.00
Coleslaw	£2.00
Garden peas	£1.50
Mushy peas	£1.10
Chipshop Curry sauce!	£1.00
House pickles: <i>Gherkins &amp; Onions</i>	£1.25
House Salad: <i>Seasonal leaves, onions, cucumber &amp; herbs with our olive oil dressing</i>	£3.00
Greek Salad: <i>round lettuce, red onion, tomatoes, cucumber, olives, oregano &amp; feta cheese</i>	£3.75

## WATER

Complimentary chilled still or sparkling water will be served with your meal, or if you prefer we have the following mineral waters

San Pellegrino	£3.75	750ml
Aqua Panna	£3.75	750ml

## SPARKLING WINE

We have blended some delicious cava with our wine maker friend Josep in Catalonia, it's crisp and clean perfect with fried fish or to kick off a meal 175ml bottle

RockFish Cava	£6.95	£28.00
Kir Royale	£6.95	

## BEER & CIDER

	half	pint
Estrella Damn	£2.00	£4.00
<i>ice cold draught beer form Barcelona</i>		bottle
Devon Red Cider		£4.00
Dartmoor IPA		£4.00
<i>a light beer from the Dartmoor brewery, smooth and thirst quenching</i>		
Dartmoor Jail Ale		£4.00
<i>a nice well rounded flavour, very more-ish</i>		
Hollows Alcoholic ginger beer		£4.50
<i>sweet &amp; fiery, perfect drunk over ice</i>		

## ICE COLD SOFT DRINKS

Dandelion & Burdock	£2.75
Traditional Ginger Beer	£2.75
Victorian Lemonade	£2.75
Orange Jigger	£2.75
Coca Cola	£2.50
Coca Cola-Diet	£2.50
Forbishers, Cranberry, orange or apple juice	£2.50
Goose Island Root Beer	£2.75

## SHAKES & FLOATS

Try one of our old-fashioned floats	
Coke Float	£3.50
<i>traditional coke and vanilla ice cream</i>	
Boston Cooler	£3.95
<i>ginger beer and vanilla ice cream</i>	
Brown Cow	£3.95
<i>root beer &amp; vanilla ice cream</i>	
Snow White	£3.95
<i>lemonade, vanilla ice cream and strawberry sauce</i>	
Fresh Milkshakes	£2.75
<i>banana, strawberry or chocolate</i>	